



FAITH NEWSLETTER

A MONTHLY NEWSLETTER FROM FAITH LUTHERAN CHURCH



VOLUME 58
ISSUE 5
MAY 2023

HOW DOES GOD
"BRING HIS
CHILDREN HOME?"
THROUGH YOU!
WHEN YOU INVITE
THEM TO HEAR
THE WORD OF GOD
WITH YOU!

INVITE
A FAMILY MEMBER,
NEIGHBOR,
CO-WORKER, FELLOW
STUDENT, OR FRIEND
TO JOIN YOU ON
SUNDAY
IN ATTENDING.

SUNDAYS 9:00 AM
LIVE STREAM 9:00 AM

CONFIRMATION
MEETS
AFTER CHURCH
AT 10:30 AM
STARTING FEB 12!

REV. GENE SMITH
~VACANCY PASTOR~

ANDREW SHAFFER
~DEACON~

VIST US AT WWW.FLCR.ORG
E-MAIL US AT
FAITHRIVERSIDE@ATT.NET

THE HISTORY OF MEMORIAL DAY

Memorial Day, formerly Decoration Day, in the United States, holiday (last Monday in May) honouring those who have died in the nation's wars. It originated during the American Civil War when citizens placed flowers on the graves of those who had been killed in battle. More than a half dozen places have claimed to be the birthplace of the holiday. In October 1864, for instance, three women in Boalsburg, Pennsylvania, are said to have decorated the graves of loved ones who died during the Civil War; they then returned in July 1865 accompanied by many of their fellow citizens for a more general commemoration. A large observance, primarily involving African Americans, took place in May 1865 in Charleston, South Carolina. Columbus, Mississippi, held a formal observance for both Union and Confederate dead in 1866.



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Since 1937
"Bringing God's children home"

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By congressional proclamation in 1966, Waterloo, New York, was cited as the birthplace, also in 1866, of the observance. In 1868 John A. Logan, the commander in chief of the Grand Army of the Republic, an organization of Union veterans, promoted a national holiday on May 30 “for the purpose of strewing with flowers or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion.”

Memorial Day: Arlington National Cemetery

After World War I, as the day came to be observed in honour of those who had died in all U.S. wars, its name changed from Decoration Day to Memorial Day. Since 1971 Memorial Day has been observed on the last Monday in May. A number of Southern states also observe a separate day to honour the Confederate dead. Memorial Day is observed with the laying of a wreath at the Tomb of the Unknowns in Arlington National Cemetery in Arlington, Virginia, and by religious services, parades, and speeches nationwide. Flags, insignia, and flowers are placed on the graves of veterans in local cemeteries. The day has also come to signal the beginning of summer in the United States.

The Editors of Encyclopaedia Britannica

This article was most recently revised and updated by Amy Tikkanen

HEALTH NOTES

The Importance of Mental Health Awareness

Mental illnesses affect 19% of the adult population, 46% of teenagers and 13% of children each year. People struggling with their mental health may be in your family, live next door, teach your children, work in the next cubicle or sit in the same church pew.

However, only half of those affected receive treatment, often because of the stigma attached to mental health. Untreated, mental illness can contribute to higher medical expenses, poorer performance at school and work, fewer employment opportunities and increased risk of suicide.

What Exactly is a Mental Illness

A mental illness is a physical illness of the brain that causes disturbances in thinking, behavior, energy or emotion that make it difficult to cope with the ordinary demands of life. Research is starting to uncover the complicated causes of these diseases which can include genetics, brain chemistry, brain structure, experiencing trauma and/or having another medical condition, like heart disease.

The two most common mental health conditions are:
Anxiety Disorders – More than 18% of adults each year struggle with some type of anxiety disorder, including post-traumatic stress disorder

(PTSD), obsessive-compulsive disorder (OCD), panic disorder (panic attacks), generalized anxiety disorder and specific phobias.

Mood Disorders – Mood disorders, such as depression and bipolar depression, affect nearly 10% of adults each year and are characterized by difficulties in regulating one's mood.



What You Can Do to Help

Although the general perception of mental illness has improved over the past decades, studies show that stigma against mental illness is still powerful, largely due to media stereotypes and lack of education, and that people tend to attach negative stigmas to mental health conditions at a far higher rate than to other diseases and disabilities, such as cancer, diabetes or heart disease.

Stigma affects not only the number seeking treatment, but also the number of resources available for proper treatment. Stigma and misinformation can feel like overwhelming obstacles for someone who is struggling with a mental health condition. Here are a few powerful things you can do to help:

- Showing individuals respect and acceptance removes a significant barrier to successfully coping with their illness. Having people see you as an individual and not as your illness can make the biggest difference for someone who is struggling with their mental health.
- Advocating within our circles of influence helps ensure these individuals have the same rights and opportunities as other members of your church, school and community.
- Learning more about mental health allows us to provide helpful support to those affected in our families and communities.

By: Jean Holthaus, LISW, LMSW

<https://www.pinterest.org/newsroom/articles/mental-health-awareness-blog/>

If you need to be connected to mental health services in Riverside County, call the CARES Line at (800) 499-3008.

LWML EASTER BAKE & CRAFT SALE



COME JOIN US FOR OUR LWML LADIES LUNCHEON/TEA!

When: Saturday, May 13, 2023 @ 1:00 pm

Where: Faith's Fellowship Hall

Cost: \$5.00 for lunch

Topic is: "What else can we do?"

We have leaders from our Church organizations presenting
what you

can do to participate in the Church.

All ages are welcome!

(We have things they can do)

SIGN UP TODAY!



All about our

Youth Group...

Faith Lutheran Church
Youth Fundraiser
t-shirts \$10
Contact Deidra 951.203.6873

FOLLOW US on social media!



@FLCRivYouth



@FLCRivYouth

Faith's annual Pancake Breakfast was a huge success! Everyone helped the youth raise over three hundred dollars! Thank you!



First Communion

Freddie Juengel Celebrated his first communion on Easter Sunday!



Confirmation

Amanda McCreight was confirmed on April 16th with Missy Creacy as her sponsor.

Congratulations Amanda!



EASTER EGG HUNT



WALK TO CALVARY



NEXT ELDER'S MEETING
May 13,
2023



NEXT B.O.D. MEETING
May 17 2023

Veryl German's 90th Birthday Party



APRIL FELLOWSHIP BRUNCH



SCRIP Sales Schedule 2023

May 7th & May 21st

June 4, June 18

July 2, July 16, July 30



Fellowship time between services:

If you would like to bring some goodies to share between services, please sign up in the Narthex on the bulletin board. There are a few Sundays opened. Thank you to all who have taken a date.



ANNIVERSARIES

Aldo and Sherry Llamas 5/1

Delaney Creacy	5/2
Barbara Danbo	5/2
James Creacy	5/3
Marilyn Austin	5/5
Sandy Bedwell	5/5
Diane Brody	5/5
Barbara Brody	5/7
Cailee Falkenberg	5/7
Jackie Hill	5/8
Adam Cammarota	5/11
Olivia Spartos	5/11
Caitlin Gonzalez	5/17
Dolly Repasa	5/17
Joshua Creacy	5/23
Matthew Masjon	5/28
Fred Powell	5/28
Kelly Duerfeldt	5/29
Ruby Docette	5/30
Kenneth YearYear	5/30

*If we missed any birthdays or anniversaries,
please contact the Church. Thanks!*



Early June BIRTHDAYS

Sandra Mauldin 6/3

MEMBERSHIP CHANGES IN APRIL 2023

GAINS IN MEMBERSHIP — 1 Amanda McCreight confirmed on April 16th, 2023

LOSSES IN MEMBERSHIP — 1 (Suzanne Shaffer passed on 04/28/2023)

MEMBERSHIP NOW STANDS AT: 201 Baptized, 159 Confirmed

Next Fellowship Brunch, May 28, 2023!



Join us for our Sunday Fellowship Brunch and Visitor Welcome (after Sunday service).

We hold these on the last Sunday of the month. We want to encourage fellowship for our whole congregation, as well as encouraging you to bring a guest with you that week! Bring them to our 9:00 am service and stay later for Brunch! The church will supply some of the brunch food, but we ask each family to bring a brunch item to share (muffins, egg casseroles, quiche, etc.), so we will have enough for our guests.

SUNDAY BIBLE STUDY!

Starting in May, we will be studying the "Little Known and Interesting People of the Bible".

Come and join us in the Fellowship Hall after 9:00 am Sunday Service.



COME BE A PART OF GOD'S GREAT GIFT!

As an act of Grace — undeserved love for us — God sent Jesus
“to be sin for us, so that in Him we might become the righteousness of God.”

— 2 Corinthians 5:21b

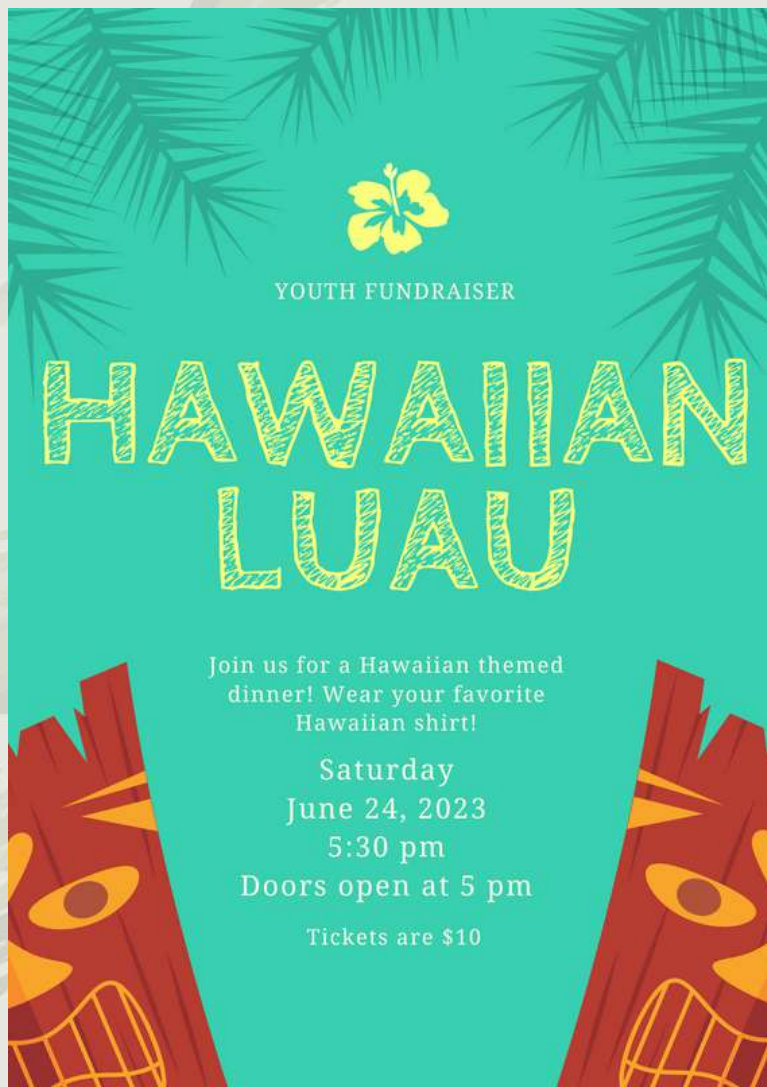
Jesus took our sin & death and in exchange
— week by week — we receive forgiveness,
eternal life and the status of holy children of God.
Please join us at Faith each Sunday for:

9:00 A.M. *Traditional Worship Service* (inside sanctuary)

9:00 A.M. *Online Worship Service [Live Stream]*

12:00 P.M. *Online Worship Service [Upload]* on Youtube. Go to
fclcr.org and click on youtube link

"Do not forsake your mother's teaching." - Prov 6:20b





Mon Tue Wed Thu Fri

Sat

Church Office Hours are Tuesday through Thursday 9:30 AM to 2:30 PM and Friday 9:30 AM to 12:30 PM

	1	2	3	4	5	6
	7:30 pm NA	7:30 pm NA		<u>10 am</u> Bible Study Champions		<u>7:30 - 9:00 am</u> Men's Breakfast/Bible Study 9:00 am Altar Guild
7 9:00 AM Worship Service Bible Study After 9 AM service	8 7:30 pm NA	9 9:15 am Food Set-up 7:30 pm NA	10 10:00 am Food Distribution	11 <u>10 am</u> Bible Study 5-7 pm Young Champions	12	13 7:30 - 9:00 am Men's Breakfast/Bible Study 9 am Elders' meeting 1:00 pm LWML Meeting & Luncheon
14 9:00 AM Worship Service	15 7:30 pm NA	16 7:30 pm NA	17 6:00 pm BOD Meeting	18 <u>10 am</u> Bible Study 5-7 pm Young Champions	19	20 7:30 - 9:00 am Men's Breakfast/Bible Study
 21 9:00 AM Worship Service Bible Study After 9 AM Service	22 7:30 pm NA	23 9:15 am Food Set-up 7:30 pm NA	24 10:00 am Food Distribution	25 <u>10 am</u> Bible Study 5-7 pm Young Champions	26	27 7:30 - 9:00 am Men's Breakfast/Bible Study
28 9:00 AM Worship Service Bible Study After 9 AM Service	29 	30 7:30 pm NA	31			